

Instructions for Uniform Measurements and Sizes

To ensure a proper fit, have someone else take your measurements twice. Try to stand straight and relaxed when measurements are taken.

Hat: Measure the circumference (in inches) of your skull at its widest point – just above the ears. For females, this measurement is the appropriate hat size. If you will wear your hair in a braid while in uniform, make sure to take the measurement with your hair styled in a braid so your hat will fit properly. For male sizes, divide the measurement in inches by three to obtain the correct hat size.

Collar: Place the tape measure around the neck at the collar line with one finger between the tape and the neck.

Chest/Bust: Measure around the shoulder blades, under the arms, to the fullest part of the chest/bust. The tape should be snug, but not tight.

Waist: Stand in a relaxed position and measure around the narrowest part of the natural waist.

Hips: Measure around the fullest part including the buttocks– normally about seven inches below the natural waistline.

Inseam: Stand with your legs straight and slightly apart with your feet flat. Hold one end of the measuring tape to the base of the crotch. Straighten the tape down the inside of the leg to the top of the shoe.

Sleeve Outseam: Wearing a jacket that fits well, measure the center back seam, under the collar, across the highest part of your shoulder, and down to the sleeve length desired. Sleeves should normally be four inches up from the tip of your thumb. With arms resting straight at sides, end of the sleeve should fall at the top knuckle of the thumb.

Pant Outseam: Measure from the belt to the top of your shoe on the outside of your leg. Measure when you are wearing pants that do not rest on the hip bone or are low-cut. Uniform pants fit above the hip line near the natural waist.

Shoe Size: Determine your shoe size in dress shoes. Athletic shoes tend to be sized differently. Identify if your foot is standard width, narrow, or wide. “D” is normal width for males and “M” is normal width for females.

T-Shirts/Shorts/Sweats: All athletic attire is issued in standard male sizes. Females please remember this fact when reporting desired sizes for athletic gear.

Military Uniforms are supposed to fit conservatively. Oversized shirts, baggy pants, lengthy sleeves, gaping collars, and tight clothes are not permitted. Make sure you request the size that will fit you properly. You will have an opportunity to try the uniform items on during uniform issue, but to minimize processing time and ensure we have the correct sizes for you in stock, please accurately measure and report your requested sizes.

PRINT IN CLEAR BLOCK LETTERS OR TYPE IN DATA

Name _____ NAVY /
USMC
(Circle one)

Gender MALE FEMALE (circle one)

Height _____ inches

Weight _____ pounds

Uniform Measurements	
Hat	_____
Collar	_____ inches
Chest/Bust	_____ inches
Waist	_____ inches
Hips	_____ inches
Inseam	_____ inches
Sleeve Outseam	_____ inches
Pant Outseam	_____ inches
Male Shoe Size	_____ D, E, EE, EEE
Female Shoe Size	_____ N, M, W, EW

Athletic Attire	
T-Shirt	S M L XL XXL (circle one)
Shorts	S M L XL XXL (circle one)
Sweatshirt	S M L XL XXL (circle one)
Sweatpants	S M L XL XXL (circle one)